

Keeping children safe online

Advice for libraries

Since lockdown, young people have spent an increasing amount of time online. Parents might approach you in your library with concerns, comments or questions about their child's online activity. Here's how you can feel confident supporting parents who want to keep their children safe online.

Supporting Parents

How to help parents talk to children about online safety

The most important thing a parent can do to keep their child safe online is to talk to them. This conversation can be difficult to start, so offer these helpful suggestions to parents:

1. Ask your children what they enjoy doing online and which apps they like using. Suggest exploring them together
2. Make sure they know they can come to you if they feel worried or upset about anything
3. Talk openly about who they're talking with online and how they know they're who they say they are
4. Involve them in decision-making by asking them what they think is and isn't appropriate for their age
5. Compare online sharing to offline sharing, to help them think about what they're happy sharing online

More resources for parents

- For practical tips and real-life case studies, parents could watch the NSPCC's [parenting online](#) YouTube series
- Or join one of the NSPCC's 'keeping children safe online' workshops for parents and carers. Email parentworks_hops@nspcc.org.uk for more information
- For guidance on a wide range of topics, they should visit the NSPCC's [online safety pages](#)
- They can also call the NSPCC helpline on **0808 800 5000**
- [Childnet](#) also offers parents and carers information about positive experiences online and staying safe



Let's keep kids safe online

Net Aware

[Net Aware](#) brings together the NSPCC's expertise in protecting children and O2's tech know-how to help you keep your child safe online. It gives simple, bitesize information and advice on the latest apps, games and social media sites. You'll find:

- The privacy settings and safety guidelines for sites and apps like Instagram, Snapchat and more
- Up-to-date reviews from parents and children
- Expert tech tips from O2 Gurus

You can also [sign up](#) to our newsletter to get the latest news and updates straight to your inbox.

Use O2 NSPCC advice of working together as a TEAM:

Talk to children about what they're doing online and how they can stay safe.

Explore what your child likes to do online together.

Agree your own rules as a family when using apps, sites or games.

Manage privacy and location settings on games and apps to keep your child safe.